

Answers to **How to study – exercises.**

1. Preparation: grouping

Good study habits

- b. Think long term
- c. Make a study timetable
- d. Take regular breaks

Bad study habits

- a. Just read your notes, but don't highlight them or write anything extra
- e. Answer email, text messages and Facebook messages immediately
- f. Work where there are distracting noises

2. Check your understanding: true or false

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|----------|----------|
| 1. True | 5. False |
| 2. False | 6. False |
| 3. False | 7. True |
| 4. True | 8. False |

3. Check your understanding: gap fill

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| 1. good at concentrating <i>or</i> able to concentrate | 6. ignore <i>or</i> forget about <i>or</i> not use <i>or</i> not look at |
| 2. plan <i>or</i> timetable <i>or</i> schedule / plan <i>or</i> timetable <i>or</i> schedule | 7. breaks |
| 3. long term | 8. processing |
| 4. comfortable / noises | 9. brain |
| 5. headphones <i>or</i> earphones | 10. preference |